



Blackpool Catering Services

# LUNCH TIME MENU

## WEEK 1

01.04.24  
22.04.24  
13.05.24  
03.06.24 (hols)  
24.06.24  
15.07.24  
05.08.24  
26.08.24 (hols)  
16.09.24 & 07.10.24



### Monday

(v) Chilli & Rice  
or  
(v) Meatballs with Tomato  
Sauce & Pasta  
~  
Garden Peas & Sweetcorn  
~  
(v) Jacket Potato & Baked Beans  
~  
Arctic Roll & Fruit Sauce

### Tuesday

Roast Pork & Gravy  
or  
(v) Plant Power Veggie Roll  
~  
Creamy Mash Potatoes  
& Carrot Batons  
~  
Tuna Mayo Wrap  
~  
Cook's Choice Sponge

### Wednesday

Reduced Fat Sausages & Gravy  
or  
(v) Cook's Homemade Pizza  
~  
Chips & Beans  
~  
Jacket Potato & Grated Cheese  
~  
Golden Oat Cookie

### Thursday

Chicken Curry, Rice & Naan Bread  
or  
(v) Cheese Flan & New Potatoes  
~  
Diced Carrots & Garden Peas  
~  
Jacket Potato & Baked Beans  
~  
Jelly with Fruit Cocktail

### Friday

Fish Fingers  
or  
(v) Vegetable Lasagne  
~  
Chips & Baked Beans  
~  
Jacket Potato & Grated Cheese  
~  
Vanilla Shortbread

## WEEK 2

08.04.24  
29.04.24  
20.05.24  
10.06.24  
01.07.24  
22.07.24 (hols)  
12.08.24 (hols)  
02.09.24  
23.09.24



### Monday

(v) Pasta, Tomato Sauce &  
Crusty Bread  
or  
(v) Sweet & Sour Stir Fry Veg & Rice  
~  
Mixed Garden Peas & Sweetcorn  
~  
Jacket Potato & Baked Beans  
~  
Chocolate & Orange Mousse

### Tuesday

Roast Chicken Dinner  
or  
(v) Cheese Lattice  
~  
Fresh Broccoli, Cauliflower, Creamy  
Mash Potatoes  
~  
Tuna Mayo Wrap  
~  
Blueberry Muffin

### Wednesday

Beef Burger in a Bun  
& Potato Wedges  
or  
(v) Hot Dog & Potato Wedges  
~  
Baked Beans  
~  
Jacket Potato & Grated Cheese  
~  
Cook's Choice Fruity Flapjack

### Thursday

Beef Lasagne with  
Crusty Bread  
or  
(v) Mexican Mixed Vegetable  
Tortilla Wrap  
~  
Seasonal Veg or Salad  
~  
Jacket Potato & Baked Beans  
~  
Jam & Custard Tart

### Friday

Crispy Seaside Salmon Fillet  
or  
(v) Cheese & Tomato Pizza  
~  
Chips & Garden Peas  
~  
Jacket Potato & Beans & Cheese  
~  
Chocolate Rice Crispy Cake

## WEEK 3

15.04.24  
06.05.24  
27.05.24 (hols)  
17.06.24  
08.07.24  
29.07.24 (hols)  
19.08.24 (hols)  
09.09.24  
30.09.24



### Monday

(v) Mac N' Cheese  
or  
(v) Meatball Sub  
~  
Garden Peas & Sweetcorn  
~  
Jacket Potato & Grated Cheese  
~  
Strawberry Yoghurt & Fruit Sauce

### Tuesday

Savoury Mince, Yorkshire  
Pudding & Gravy  
or  
(v) Plant Power Sausages  
& Yorkshire Pudding  
~  
Mash Potatoes, Carrot & Swede  
~  
Tuna Mayo Wrap  
~  
Cook's Choice Cookie

### Wednesday

Pasta Bolognese  
or  
(v) Pizza Panini  
~  
Baked Beans & Crusty Bread  
~  
Jacket Potato & Grated Cheese  
~  
Cornflake Cake

### Thursday

BBQ Chicken & Cheese Melt  
with Mixed Rice  
or  
(v) Vegetable Curry, Naan Bread  
& Rice  
~  
Seasonal Vegetables  
~  
Jacket Potato & Baked Beans  
~  
Lemon Biscuit

### Friday

Crispy Battered Fish  
or  
(v) Southern Fried Quorn Wrap  
~  
Chips & Baked Beans  
~  
Jacket Potato & Beans & Cheese  
~  
Raspberry Bun

AVAILABLE DAILY: wholegrain bread basket, yoghurts, freshly prepared selection of fruit and fresh water – all our menus are compliant with the School Food Standards – we source as much of our products locally and where possible we source farm assured meats, MSC fish and free range eggs. Lo-Salt is always used as well as low fat milk and yoghurts – we have reduced sugar by 10% in all our recipes. If you require advice regarding allergens, please contact the unit catering manager.